

body, hands, and feet; his nails were cut and his hair was brushed. (This was a surprise visit.) When Miss Procopé had finished, I begged of her to come up to my rooms, as I felt I must not lose the opportunity of getting to know her. Her whole heart and mind were with her pupils and the school. "What I am trying to do," she said, "is to popularise massage in the sense of wishing it to come within the reach of the poor, for so far it is only the rich who can afford to be cured and healed by this expensive treatment."

And then we sat and talked—we talked for two hours. She had studied in Sweden and had lived for ten years in Paris, so she knew Paris and the French well. We discussed their habits, customs, and politics. "I love the French," she said; "they are full of ideals, of grand, noble, generous impulses."

And then we both came to the conclusion that if we had had the reforming of the Assistance Publique hospitals, we could not have conceived a better scheme than M. G. Mesureur's; we could not have worked harder and better than his son, M. André Mesureur; and we could not have found a more suitable woman to establish the new system than Madame Jacques.

EDLA R. WORTABET.

The Spinster's Friend.

Much has been written of the convenience and economy of gas for cooking purposes, and for bedroom fires, in private Nursing Homes. For instance, in one Nursing Home, where gas is exclusively employed for heating every bedroom and other room in the house, and is also used for cooking, the bill (for a large establishment) is about £35 to £40 a year; against this the proprietress was able to reduce her staff of maids by one directly the gas fires were introduced, saving her about £50 a year, plus her coal bill; and so she is probably about £35 to £40 a year in pocket over the change. But no class of the community has benefited more by the introduction of the gas fire, the gas stove, and the gas ring, than the woman worker, whose income is usually tiny, and for whom the conditions of life are so hard. If she ventures on a small flat of her own, she must do most of the work herself, and as she is out the greater part of the day, if she lights a fire in the morning a cold and cheerless grate greets her at night. But, with a gas stove, breakfast and bath water are easily prepared, and when she returns home, in a few minutes a cheery fire is burning in the grate. Especially to those whose work is irregular and uncertain, as nurses and midwives, gas stoves and fires are the greatest possible convenience, while their moderate cost, if carefully used, should commend them to all who must study economy.

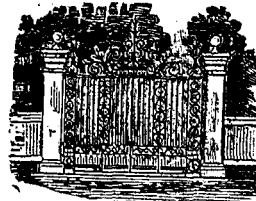
Lastly, do not forget that house cleaning time is a most suitable one for the installation of these modern conveniences. The Gaslight and Coke Company, Horseferry Road, Westminster, will, on application, supply information as to their stoves, which may be rented for a small sum quarterly.

Outside the Gates.

WOMEN.

The following appeal has been circulated by the Women's Local Government Society:—

This autumn will see the first General Election for London Borough Councils since the passing of the Act of 1907, which enables the electors to return women as well as men to serve on these Councils.



tors to return women as well as men to serve on these Councils.

The very passing of that Act was a public recognition of the need for the co-operation of women with men on all local government bodies; and the fact that women occupiers have votes makes them responsible for using these to elect the best councillors, both men and women.

In the first place, let qualified women make sure that their names are on the Register. Let every woman occupier, who since July 15th of last year has occupied a house, or any qualifying premises, see that her name is on the Occupiers' List posted up on churches and chapels on August 1st; and, if it is not, let her make her claim in proper form before August 20th.

Secondly, let all use their votes. No vote can be given by proxy. Go to the poll and vote for those upright men who have done good work, and send, to share in the work, good and able women.

Women electors cannot fail to see that women Councillors are needed in the best interests of the people, and especially for all questions of Housing, Health in the Home, Education, Unemployment of Women, Institutions for Women, Institutions for Children, the Protection of Children and Young People, and for efficient administration in all matters affecting women.

If you do not use the powers you have, it is you who are responsible if the work of your local Council is done badly and extravagantly.

We implore all women to do their best for the welfare of the community, by exerting themselves to promote the return of good and able women as Councillors.

It is essential for the public weal that men and women should work together.

The office of the Women's Local Government Society is at 17, Tothill Street, Westminster.

Mrs. Annie Besant, the President of the Theosophical Society, speaking at Glasgow on "The Signs of the Closing Age," noted the changes in religion, science, art, and economics as indications of a period of rapid transition. She predicted that religion would be mightier than ever it was in the past; that it would again become the rule of the nations, and in the hearts of the learned and the unlearned alike it would wield the sceptre and guide the thoughts of men. But the religion of the future would not be based on the old dogmatic methods; it would be a religion of deeper spirituality as would penetrate the hearts and minds of men.

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